



HM Government

NHS

LOCAL COVID ALERT LEVEL

VERY HIGH

YOU MUST:

- ◆ Follow the specific rules in your local area
- ◆ Not mix with other households indoors
- ◆ Only meet people outdoors in open public spaces in groups of up to six
- ◆ Reduce your number of journeys, avoid travel outside the area unless needed

Find all local restrictions and laws at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES