

Compliance self-assessment form

Instructions: This form can be completed in your own home or anywhere that you feel is appropriate. You may ask family members, carers or the pharmacy staff to support you. Complete as much of the form as you can. Fill in the spaces or insert a  next to your answer.

<i>Think about your tablets, capsules, liquids, creams, inhalers and other types of medicines</i>	Yes	No
Do you have any routines to help you remember take or use your medicines?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any problems with opening or closing medicine containers?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any problems getting medicines out of containers?	<input type="checkbox"/>	<input type="checkbox"/>
Do you take or use all of your medicines according to the instructions?	<input type="checkbox"/>	<input type="checkbox"/>
Can you take or use all of your medicines (e.g. swallowing, using drops/inhalers)	<input type="checkbox"/>	<input type="checkbox"/>
Do you think that some of your medicines are more helpful than others?	<input type="checkbox"/>	<input type="checkbox"/>

	Number
How many of your prescribed medicines are supposed to be taken or used only when you need them?	
How many herbal, vitamins, homeopathic, complementary or similar types of remedies that you buy do you take most days?	

<i>Think about your prescribed medicines only</i>	Yes	No
Do you vary the way that you take your medicines?	<input type="checkbox"/>	<input type="checkbox"/>

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Do you know what you take your medicines for?	<input type="checkbox"/>	<input type="checkbox"/>
Do you sometimes forget to take your medicines?	<input type="checkbox"/>	<input type="checkbox"/>

	Yes	No
Does anyone help you manage daily tasks (e.g. washing) who could give you more help managing your medicines?	<input type="checkbox"/>	<input type="checkbox"/>
Could the instructions on your medicines be improved to help you manage them better?	<input type="checkbox"/>	<input type="checkbox"/>
Do you think that some of your medicines could work better?	<input type="checkbox"/>	<input type="checkbox"/>

Additional information.

Signature.....

Date.....

When you have completed this form return it to the pharmacy